



What is Prayer Walking?

Prayer walking is praying "on site with insight."

It's prayer among and for your neighbors that is fueled and shaped by real-time observation and conversation.

Walking the Neighborhood

Walk with your head up and your heart open, taking note of all that you see and asking the Lord to reveal to you the needs of your neighbors. Here's what this will look like:

- 1) Begin at your Host's house or a designated spot in their neighborhood.
- 2) **Walk together for about 5 minutes** (approx. 2-3 blocks), taking note of what you see and sharing these observations as you go. Hosts may choose to share things they know about their neighborhood OR they may choose to hear the observations of others first.
- 3) **Pause at a street corner** and circle up. Take turns offering prayers, out loud, based on anything you just observed and the next focus of the "HEARTS" prayer (below). For example, the third time you stop, you'll pray for the station 3 topic of Awareness. This should take 2-3 minutes.
- 4) **Repeat this walk/pray rhythm** through all six stations of the "HEARTS" prayer.
- 5) Head back to the host's house to debrief and depart. The hosts will touch base next week to share observed needs of the mission focus area.

HEARTS PRAYER STATIONS

Station 1: Hearts | *Pray that the Lord would make the hearts of our neighbors receptive to this invitation, generosity, and work of our church. (Luke 8:5-15)*

Station 2: Eyes and Ears | *Pray for their "spiritual eyes" to be opened to the reality of God and of their need to know Him. (Matt. 13:15; 2 Cor. 4:3-4)*

Station 3: Awareness | *Pray for our neighbors to become aware of their sinfulness of their need for God's grace. (John 16:8)*

Station 4: Reach Out | *Pray that our neighbors would reach out to God's people so as to know the peace that comes through Christ. (2 Tim. 2:25-26)*

Station 5: Transformation | *Pray that our neighbors would experience a transformation, through faith in Christ. (Rom. 12:1-2)*

Station 6: Sent | *Pray for more people to faith to be sent into this neighborhood to share the grace of God with them. (Matt 9:35-38)*

PRAYER PROMPTS

Not sure where to start? Not as practiced at praying out loud? Start your prayer with one of the following “prayer prompts” and then add sentence or two of your own!

Lord God, I ask in the name of Jesus that You would draw the people here into a personal relationship with Your Son Jesus (John 6:44).

Father, I plead in the name of Jesus that You would grant the people here a hunger and a thirst for You and Your Word (Psalm 42:1-2).

Father, I pray that You would meet the emotional needs of the people in this place. Heal their emotional wounds (James 1:17; Psalm 147:3).

Father, I ask You to give physical strength to the people here. Meet all their physical needs (Matthew 7:7).

Lord God, I plead that You would bind the evil one and the demons assigned to this area. Render them ineffective in their evil plans (Mark 1:23-26).

Father, I plead that Your Spirit would encourage and strengthen the believers in this area (Acts 13:52).

Father, I ask that You would open doors for the gospel in this area. I pray that many would hear and receive Jesus (2 Thessalonians 3:1-2).

Father, I pray that You would remove any racial or social barriers between the people of this area (Acts 10:34).

Father, I plead that this place will be filled with the knowledge of Your glory. As the waters cover the sea, let the knowledge of You cover this place (Habakkuk 2:14).

Father, I ask that You would bless the people who minister and reach out in this area. Grant them power, insight, and protection as they minister (1 Timothy 3:1-7).

Father, I plead that You would fill the believers here with the Spirit and enable them to witness concerning Your Son Jesus (Acts 1:8).

Father, I pray that justice would prevail and that crime would be annihilated in this area (Psalm 82:3; Romans 13:4).

Father, I ask that You would destroy the poverty of this area. Grant economic growth and meet the financial needs of people (Ecclesiastes 2:24).

Father, I plead that Your Spirit would do a powerful work in the families of this area. Strengthen and bless every family (Ephesians 5:22-6:4).

Father, I ask You to have mercy on the people of this area. Deliver them from their sin (Lamentations 3:21-24).

Father, release a spirit of prayer and fasting among the believers in this place (Colossians 4:2).

Father, deliver the believers in this area from self-centeredness and indifference toward those who need Jesus (Matthew 20:28).

Father, I plead that Your kingdom would come to this area. I ask that many will come to a saving knowledge of Jesus (Matthew 6:9).

Father, I plead that the people of this area will turn to You and will praise Your name. Let them see who You are so they can praise You (Psalm 66:4-7).

Father, build and empower the church of Jesus in this area. Enable them to smash the gates of hell (Matthew 16:18).

Father, I plead that repentance and forgiveness of sins would be powerfully proclaimed in this area (Luke 24:47).

Lord Jesus, I ask You to give the weary and the burdened of this area Your rest. Grant your hope and joy to them (Matthew 11:28-30).

Father, I pray that the people in this area would hear Your voice and that they would not harden their hearts (Psalm 95:6-8).